

## SET MENU

2 COURSES FOR £15 / 3 COURSES FOR £18

### STARTERS

#### SHAVED ROOT VEGETABLE SALAD

ORANGE DRESSING, RICOTTA CHEESE, ROASTED PUMPKIN SEEDS

#### TORCHED MACKEREL

CUCUMBER GAZPACHO, TOMATO CEVICHE

#### LAMB ARANCINI BALLS

PICKLED CARROT, WATERCRESS & POMEGRANATE SALAD, CHILI YOGHURT

### MAINS

#### CRISPY SKIN CHICKEN

ROASTED SWEET POTATO PUREE,  
GRILLED BABY GEM, EDAMAME BEANS

#### STEAMED HADDOCK FILLET

ASPARAGUS & WATERCRESS PUREE,  
WILD GARLIC RISOTTO, RADISH SPROUTS

#### BROAD BEAN & PEA RISOTTO (V+)

GRILLED ASPARAGUS, VEGAN PARMESAN  
CHIPS, WATERCRESS SAUCE

### STEAK

#### 227G FLAT IRON

SKINNY FRIES, PEPPERCORN SAUCE

#### 227G D-RUMP

SKINNY FRIES, PEPPERCORN SAUCE  
(£3 SUPPLEMENT)

### SIDES

SPRING GREEN & APPLE SLAW - 3.0

SWEET POTATO FRIES - 4.0

BATTERED ONIONS - 4.0

WEDGE SALAD - 4.0

PANCETTA & BLUE CHEESE

STEM BROCCOLI - 4.0

CHILI & TOASTED ALMONDS

### DESSERTS

RHUBARB SUMMER PUDDING

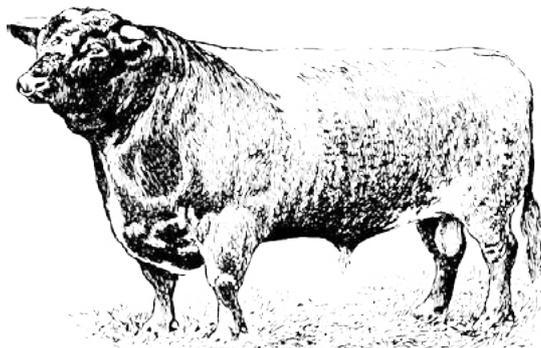
VANILLA ICE CREAM

MERINGUE CAKE

GORDON STREET COFFEE  
CHANTILLY, RASPBERRIES

ICE CREAM SPAGHETTI

STRAWBERRY COMPOTE



PLAN  
of the City of  
GLASGOW.  
1783.

# ALSTON BAR & BEEF



THE ORIGINAL ALSTON BAR & BEEF IN GLASGOW IS LOCATED NEAR WHERE ALSTON STREET ONCE WAS - A BUSTLING THOROUGHFARE IN GLASGOW THAT WAS DEMOLISHED IN THE MID-1870S TO MAKE WAY FOR CENTRAL STATION. THE STREET RAN NORTH TO SOUTH THROUGH GRAHAMSTON, AN IMPORTANT LOCATION FOR GLASGOW'S GROWING INTERNATIONAL TRADE, PROVIDING PREMISES FOR PROCESSING AND STORING GOODS FOR DESPATCH TO COUNTRIES AROUND THE WORLD.

LIKE GLASGOW, MANCHESTER HAS A STRONG INDUSTRIAL HERITAGE AND THERE ARE MANY SIMILARITIES BETWEEN THE CITIES WHICH MAKE IT THE IDEAL LOCATION FOR THE FIRST ALSTON BAR & BEEF IN ENGLAND. THE HISTORIC CORN EXCHANGE WAS ORIGINALLY CONSTRUCTED ON THIS SITE IN 1837, THE AREA WAS KNOWN AS THE CORN AND PRODUCE EXCHANGE AND WAS A PLACE WHERE FARMERS AND MERCHANTS TRADED CEREAL GRAINS.



[ALSTONMANCHESTER.CO.UK](http://ALSTONMANCHESTER.CO.UK)

CATHEDRAL ST | THE CORN EXCHANGE | MANCHESTER, M4 3TR  
0161 804 5555 | [INFO@ALSTONMANCHESTER.CO.UK](mailto:INFO@ALSTONMANCHESTER.CO.UK)